

WHAT DO WE OFFER?

C O N F I D E N T I A L

We offer a confidential service. This means that what ever you talk about stays within the project.

However, if you, or another person is in danger of being harmed it is our duty to inform the services that need to know. We will let you know before doing this.

M E E T I N G S

Your key worker may attend meetings that concern you. They will let you know before doing this and inform you of what will be said or done.

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This leaflet was designed by a small group of young people who are currently involved with the Project.



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What we do

We are a team of professionals who will work with you if you are 12-19 years old and need some extra support at this time in your life.

Are you finding it hard to make sense of things? Feeling low? No confidence? Do you find it hard to get on with people and make new friends? Do you find it hard to control your temper?

Well storm is the right place for YOU!



How to get involved

You might be referred to STORM by a project worker, social worker, education worker, psychologist, Y.O.T (youth offending team) worker, by a member of Trehafod, the BAYS project or the Community Mental Health Team.

What will happen?

We will meet with you, your family, or maybe your key worker if you have one. We will then work out a support plan. This will fit in with your interests and the help you think you need. We could:

- Work on a support plan together.
- If you prefer you could meet with your Key worker on your own.
- Your Key worker could help you get involved with youth groups, or other outdoor pursuits.

- There are groups you could become a part of such as: social skills, anger management, sexual health and well-being, the Big Wednesday group and a gym group. There is also a group for parents.
- If you like, your whole family could be invited along to a session, so everyone can see what we do and everyone can have their say!

When you and your key-worker decide that you no longer need the help or STORM is not the right place for you, we might be able to refer you to a agency that is more suited to meet your needs.